

# Submission Guidelines for Neisseria gonorrhoeae Gradient Strip AST

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**All test requests require preauthorization before specimen submission**  
**[ARLNutah@utah.gov](mailto:ARLNutah@utah.gov)**

## 1. Isolate/Specimen labeling Requirements

- a. Isolate/prepared specimen must be clearly labeled
- b. A minimum of two unique patient identifiers. Acceptable identifiers include:
  - i. Patient's full name
  - ii. Date of birth
  - iii. Medical record number
  - iv. Last 4 digits of social security number
- c. Date of specimen collection
- d. Unlabeled specimens received by UPHL will be rejected

## 2. Shipping Requirements

- a. Once the specimen has been approved by [ARLNutah@utah.gov](mailto:ARLNutah@utah.gov) for shipment, the patient specimen should be prepared according to the criteria below:
  - i. Sending a frozen sample in 10-20 % glycerol for identification, ship using an insulated cooler with dry ice.
  - ii. If sending a slant or plate (MTM, chocolate agar), fresh subculture less than 24 hours old, ship at ambient temperature.
  - iii. The isolate/specimen should be shipped following the International Air Transportation Association's (IATA) Category B regulations
- b. Include a completed copy of the Utah ARLN GC ETest [test request form](#).

## 3. Shipping information

- a. Isolates/specimens should be shipped overnight Monday-Thursday to the following address by FedEx or for Utah patients by courier.
  - i. Attn: ARLN Laboratory  
Utah Public Health Laboratory  
4431 S 2700 W  
Taylorsville UT 84129  
Phone: 801-965-2400

## 4. Contact Information

- a. For any questions please contact [arlnutah@utah.gov](mailto:arlnutah@utah.gov) or 801-965-2400